

Meditation on Galatians 5:16-26 and other verses. The old Man and the New person.

Meditate as though God, your Father is talking directly to you.

I ,your Heavenly Father, am telling you to walk and live in your new person by constantly choosing to live in your new person. Be responsive, controlled, and guided by the Holy Spirit: then, you will not gratify the lusts, cravings, and desires of your old man nature. For the lust and desires of the old man nature is opposed to your new person and to the Holy Spirit that guides your new person. And the desire of the Holy Spirit, through your new person is opposed to your old man nature. They are always at war with each other continuously, so that sometimes it seems you are never free but are prevented from doing what the Holy Spirit directs your new person to do. However, as the Holy Spirit directs your new person, you are being set free from the rules, laws, and demands of your old man nature.

If you continue to live in your old man nature, you will practice selfishness, jealousy, being envious, argument, dissension, ill temper, strife, anger, enmity, idolatry, witchcraft, immorality (sexual and otherwise), impurity, indecency, magic, and likely become a member of a group with weird opinions and beliefs that are opposed to Me. You will, drink alcohol, take drugs, and carouse a lot, and do many other things. I warn you that if you do such things you will never inherit the Kingdom of God in this life or in the life hereafter.

If you let the Holy Spirit direct and guide your new person, you will experience love, joy, peace, patience, even temper, kindness, goodness, benevolence, faithfulness, gentleness, humility, meekness, restraint, and be completely under the control of the Holy Spirit.

How do you go from the old man to the new person? If you truly belong to my son, Jesus, you will choose to crucify, on the cross, your old man nature with its lusts, passions, appetites, and desires, so that just as Christ was raised from the dead you will be raised to walk continuously in your new person. (Rom 6:6) If you live in the power of the Holy Spirit, then let the Holy Spirit direct your every move. Go forward walking, and having your conduct controlled by the Holy Spirit. Do not become puffed up, conceited, competitive, challenging and provoking and irritating others. And, do not be jealous and envying of others. Continually choose to be in your new person, letting the Holy Spirit direct your every move. I have told you before that you shall not live by food and drink, clothes, and things alone, but by every word that proceeds out of my mouth through the Holy Spirit. Matthew and Luke 4:4

By constantly confessing to Me that you choose to live in your new person, Jesus will consistently strip you of your old man nature, which is corrupted through lusts and desires that spring from being deceived and deluded by familiar spirits. Jesus will put in its place the new person He created you to be. Ephesians 4:21-23.

Father from this day forward, I choose by my free will to live in the new person Jesus created me to be. I choose not to live in the old man any longer. Everytime I am tempted or am spoken to by a familiar spirit, I will confess to them and to God, my Father that I have chosen to be in my new person and I refuse to be tempted to go back to my old man nature and satisfy its lusts. I pray this in the name of the Father, Son, and Holy Spirit. Amen.

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